

Yogini Tantra

Love in Ancient India Terveys ja humpuuki Matrika Yogini Tantra Yoginī Nawa
Yogini Tantra Tantra Yoga Secrets Yogini The Heart of the Yogini Ashta Maha
Yogini Tantra Kulārṇava Tantra Secrets of Yantra, Mantra and Tantra Kundalini
Tantra The Yoga of Netra Tantra Kundalini tantra Yoga, Tantra and Meditation in
Daily Life Tantric Yoga and the Wisdom Goddesses Nawa Yogini Tantra M.L.
Varadpande Juha Matias Lehtonen Swami Ayyappa Giri Guido Zanderigo
Swami Muktananda Saraswati Mukunda Stiles Shambhavi Lorain Chopra André
Padoux Ajit Kumar Madhav Pundalik Pandit L. R. Chawdhri Swami Satyananda
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this book chronicles the story of love which is considered an indian creation the first love story of the world was found in the rig veda and the first comprehensive work on love was written in india with kamasutra becoming one of its offshoots love techniques were perfected over centuries and sculpted on the walls of temples of khajuraho and konarak since ancient times rishis in india have believed that it was love which came first and then followed the world the origin and evolution of love in india is traced by the author in an elaborate manner providing invaluable insights which make this book a rare treasury in itself the book draws from concrete sources including cave paintings ancient archaeological findings and a mass of literature belonging to the vedic and buddhist eras to give a complete portrayal of love through love lyrics humorous plays and erotic descriptions love in ancient india takes you through a timeless saga of royalty and grandeur beauty and infidelity all of which are

interspersed with the concept of the world's most bewitching expression love

outoa tietoa terveydestä tietokirja surkeista parantajista turhantärkeistä lääkäreistä potilaiden epätoivosta ja siitä kuinka hyvinvoinnista tuli suomessa riidanaihe numero yksi kaikki terveyshumpuukista suomessa menneisyydestä paljastuu meheviä draamoja petoksia ja väärinkäsityksiä mutta myös haavoittuvia hyvää tarkoittavia ihmisiä kuka oli suomen ensimmäinen homeopaatti ja millaisen sopan hän keitti miten valkoinen upseeri hans kalm ja musta salva liittyvät toisiinsa entä raakaruoka ja natsit millaisia lääkkeitä olivat pervitiini ja rimpeliini kuinka vanhoja ovat rokotevastaiset salaliittoteoriat juha matias lehtonen s 1982 on helsinkiläinen uskontotieteilijä ja tiedetoimittaja vuodesta 2014 lähtien hän on julkaissut helsingin sanomissa artikkeleita terveydestä ja ihmisen käyttäytymisestä lehtonen on myös käsikirjoittanut luontodokumenttielokuvat itämeri 2018 ja meren uumen 2019 terveys ja humpuuki on hänen esikoiskirjansa

this book is a deep and reverent expression of the legends history qualities and meditative worship of the holy mother goddesses of ancient india known collectively as the ashta matrikas classically informative and truly meditative these pages illuminate the wisdom teachings that each of the goddesses represent and still offer to those who sincerely seek it included are breathtaking paintings of each mother that have been meticulously informed by years of research pilgrimage and dedicated spiritual practice by the author and beautifully revealed by the artist a book for anyone who wishes to grow closer to shakti

the practice of tantra yoga is considered to be the highest and most rapid path to enlightenment master teacher mukunda stiles offers 18 lessons in tantra yoga a practice of transformational self healing in which we can deepen awareness of our bodies their energy forces and the connections to the natural world around you and those you love while many movements today describe tantra as a sexual practice promising longer and better orgasms increased stamina and ecstasy the real tantra aims to awaken kundalini the dormant potential force in the human personality the tantra tradition includes a vast range of practical teachings leading to the expansion of human consciousness and the liberation of primal energy by heightening their awareness to this connective energy readers will learn to embrace and develop a higher level of intimacy the heart of tantra stiles explains this intimate and life changing practice with grace structure and clarity an easy to follow tantra yoga workshop in book form tantra yoga secrets will empower readers to overcome emotions gain new knowledge and live a more fulfilling spiritual lifestyle

this book is a profound and personal exploration of tantra as a spiritual path it dwells on the incredible discovery of unfolding shakti or spiritual energy which is the essence of all that we see and experience in life

though many practitioners of yoga and meditation are familiar with the sri cakra yantra few fully understand the depth of meaning in this representation of the cosmos even fewer have been exposed to the practices of mantra and puja worship associated with it andré padoux with roger orphe jeanty offers the first english translation of the yoginihrdaya a seminal hindu tantric text dating back to the 10th or 11th century ce the yoginihrdaya discloses to initiate the secret of the heart of the yogini or the supreme reality the divine plane where the goddess tripurasundari or consciousness itself manifests her power and glory as padoux demonstrates the yoginihrdaya is not a philosophical treatise aimed at expounding particular metaphysical tenets it aims to show a way towards liberation or more precisely to a tantric form of liberation in this life jivanmukti which grants both liberation from the fetters of the world and domination over it

yogini tantra is capable of giving everything desired in the world and a practitioner enlightened with it being rare for even gods this great esoteric wisdom is practiced by the lord kubera lord of treasuries prosperity luxury money and luck by virtue of which he is able to become the lord of three worlds heaven earth and underworld in very ancient days eight great female shaktis emerged from the cosmic soul of the principle deities and formed kali or durga the universal shakti power these were the grand mothers ashta matrikas of all subsequent yoginis according to kaula tantra these eight manifested each in turn into eight divine shaktis thus resulting in the 64 tantric yoginis these 64 powerful goddesses have unique personas and powers to fulfill your desires drive away negativity and fear prevent misfortunes and give you knowledge peace all around prosperity good progeny and auspiciousness of all kinds the goal of yogini worship as described in both purana and tantras was the acquisition of occult powers or siddhis the sri matottara tantra describes 8 major powers as named in the yoga sutras of patanjali namely anima becoming microscopically small giving knowledge of how the world works mahima becoming huge able to view the whole solar system and the universe laghima becoming weightless allowing levitation and astral travel away from the body garima becoming very heavy and powerful prakamya having an irresistible willpower able to control the minds of others ishiva controlling both body and mind and all living things vashitva controlling the natural elements such as rain drought volcanoes and earthquakes prakamaya gaining all one's desires and any treasure

kularnava tantra is perhaps the foremost tantra of the kaula school and is constantly cited as an authority in tantric literature it is worthy of close study by those who would understand the tenets and practice of the tradition of which it is a sastra it calls upon man to wake up to the rare privilege that has been given to him e g human birth in which the being becomes conscious of himself and is offered a choice a choice between stagnation and rapid progression towards his godhead he is asked to purify himself and told how to do it in unambiguous terms he is told that a wine drinker is different from the drinkers of ecstasy the union of delight is between the ascending shakti and the presiding lord above and not between man and woman the introduction by arthur avalon sir john woodroffe gives a concise outline of the work sri m p pandit who is a keen student of the tantras and vedas has rendered the work in english in eleven chapters the readings are free translations with annotations where necessary omitting technical details but preserving the spirit and essential import of the original in his characteristically lucid style the complete text is given in devanagari after being duly edited by taranatha vidyaranya for those who wish to study the book in the original sanskrit

unveiled in this book are the secrets of the occult sciences of yantra mantra and tantra to help the reader achieve worldly success and spiritual enlightenment detailed instructions are given for the preparation and application of yantras for specific purposes to win favours defeat for selecting and using mantras to attain miraculous powers and fulfilment of one's desires are explained in detail in the tantra section of the book methods of treatment of diseases by herbs are given information is provided about tantric articles and where to obtain them

the netra tantra tantra of the third eye of siva also called mrtyujit conqueror of death is one of the fundamental scriptures of non dualist kashmir saivism or trika it is the only tantra having the third eye of siva as title and theme and it contains three important chapters on yoga relating to three ways of overcoming death this book besides giving an introduction to the tantra contains an interpretation of the three chapters chapter 1 deals with the eye of siva chapter 7 with subtle yoga and chapter 8 with supreme yoga the same texts are presented in devanagari transliteration and translation including the eleventh century commentary of ksemaraja illustrious disciple of abhinava gupta the appendix contains illustrations of the theme of trinetra from different sources mainly connected with kashmir as well as a comparative study on the spiritual eye in the christian mystical traditions this book is an important contribution to the studies on non dualist saivism or trika and especially to its yoga

this book provides an excellent introduction to the essence of hindu tantrism discussing all the major concepts and correcting many existing misconceptions

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